



Advanced Diploma in Educational Psychotherapy

Information for teaching staff
and other professionals working
with children and young people



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Educational psychotherapy is a highly effective way of supporting children and young people whose educational and social development is adversely affected by emotional and behavioural barriers. For those seeking a qualification to work in this field, Caspari Foundation offers a **UKCP-accredited Advanced Diploma in Educational Psychotherapy**.

What new skills will I learn?

The basis of the work is in attachment and psychoanalytic theory and the application of these ideas in an educational context.

Trainees who successfully complete the course can expect to develop a high level of understanding of children and young people with emotional, behavioural and learning difficulties, and to develop therapeutic skills in working with them.

Opportunities for educational psychotherapists include working with individual children and small groups in school, facilitating nurture groups and working in advisory teams.

Who should apply?

People from a range of backgrounds find the course important in developing skills and knowledge. This course is for you if you are a:

- classroom teacher in a mainstream or specialist school
- educational psychologist
- learning mentor
- nurture group practitioner
- or a teacher in a specialist unit or support service for children with behavioural or learning difficulties.

Educational psychotherapy is also suitable for teachers working with individual or small groups of children in an educational, mental health or private setting.

Programme content includes

- Baby and nursery observations
- Work discussion
- Clinical practice placement
- Clinical studies seminars
- Group and family dynamics
- Attachment theory
- Conscious and unconscious processes in mental functioning
- The inner world and creative expression
- A psychodynamic approach to the assessment of learning difficulties.

Entry requirements

You must be a qualified teacher with a minimum of two years' teaching experience or have demonstrated an appropriate level of academic achievement together with substantial experience of working in an educational setting. You will need to pass an interview, undergo an enhanced CRB check and provide appropriate references.

Course fees

These are currently £2,800 per annum starting in September 2015 and we can offer flexible payment options. The fees entitle you to free Caspari Foundation membership and associated benefits. Additional costs involve personal psychotherapy and clinical supervision.

Personal psychotherapy

An experience of personal psychoanalytic psychotherapy is a requirement for the course. It is expected that this will begin at least a year before the clinical placement and continue throughout it.

Clinical supervision

This lasts throughout the placement. Supervision costs are to be met by the trainee but Caspari can help to find appropriate supervisors.

Clinical placement

During the second year, one day a week (or two half-days) will be spent in a placement from which the trainee will obtain practical experience in educational psychotherapy.

This usually takes place in a Child and Adolescent Mental Health Service (CAMHS) or similar centre. It will continue for at least two years during which trainees will gain experience of:

- working with at least two children individually
- weekly individual supervision sessions
- working as a member of a multidisciplinary clinical or school team
- attending case conferences and meetings
- engaging in joint/parallel multidisciplinary team work with family members
- contact with other agencies.

Time commitment

The course takes place over four years, each year comprising three 10-week terms starting in September. In term time, one evening a week is spent attending lectures and seminars (held at Caspari Foundation), with occasional Saturday lectures and workshops. Trainees should allow time for writing up notes, reading, preparation and completion of written assignments, and keeping a reflective journal. Plus, there is the clinical placement.

Registration with UKCP

Caspari Foundation is an organisational member of the UK Council for Psychotherapy (UKCP). Graduates who successfully complete the requirements of the course, and who satisfy the Caspari Programme Board as to their suitability to be therapists working with children, will be eligible for registration as educational psychotherapists with the UKCP. They will then be entitled to work independently as educational psychotherapists, in schools, NHS centres or other institutions.



About Caspari Foundation

Caspari is an independent charity that helps children and young people overcome emotional, learning and behavioural difficulties. It has been the leading provider of educational psychotherapy since 2000. Educational psychotherapy is a development of the pioneering work of Irene Caspari, who was principal psychologist at the Tavistock Clinic, London.

We monitor and evaluate the effectiveness of what we do. All our therapists have many years' experience of teaching children and young people with emotional difficulties. They have received specialist training in educational psychotherapy and are registered with the UKCP.

For more information or application forms:

020 7923 6270 admin@caspari.org.uk

www.caspari.org.uk

Or write to us at: Caspari Foundation

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